



## COVID -19 Acknowledgement and Personal Responsibility Policy

There is no higher priority of OREGON FBLA than the health, safety, and well-being and of our members, staff, volunteers and community partners. As we closely monitor the COVID-19 pandemic, we continue to make decisions with this in mind. As part of the OREGON FBLA community, we all have a responsibility to help protect each other.

According to the CDC, COVID-19 is primarily spread from person to person through respiratory droplets produced when coughing, sneezing or heavy breathing. Transmission is slowed by wearing a cloth face covering and/or maintaining a distance of at least 6 feet between people. In compliance with current CDC recommendations, local mandates and/or statewide protocol, all attendees of in person activities, meetings, conferences, gatherings and competitions sponsored by OREGON FBLA or when representing OREGON FBLA at public or school-based activities are asked to adhere to the following recommended guidelines:

- Seek medical attention, self-isolate and do not attend events if you are experiencing any of the following COVID-19 symptoms:
  - Fever (defined as a temperature greater than 100.4)
  - Shortness of breath
  - New loss of taste of smell
  - Chills, muscle pain or sore throat
  - New or worsened cough
  - Nausea, vomiting diarrhea
  - Runny nose or congestion
- Wear a cloth face covering at all times when in public areas.
- Be mindful of social distancing. Maintain a space of 6 feet between yourself and others if able.
- Wash your hands with soap regularly and frequently. If soap and water is not accessible, use hand sanitizer
- Practice proper cough and sneeze etiquette.
- If you have been in close contact with someone known to have COVID-19, self-isolate for 14 days.
- Disinfect surfaces throughout the day that are touched regularly.

OREGON FBLA has implemented extensive preventative measures to help reduce the spread of COVID-19. However, OREGON FBLA cannot guarantee that members and attendees will not be exposed or infected. Participants acknowledge the highly contagious nature of COVID-19 and voluntarily assume the risk and responsibility for exposure and infection.

I have read and understood OREGON FBLA Acknowledgement and Personal Responsibility Policy and agree to adhere to the guidelines set forth. I understand that this Policy may be updated in accordance with changing CDC and local guidelines and will be updated accordingly. I agree to join OREGON FBLA in cooperating with health officials, governing public agencies, and facility health and safety measures.

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Parent/Guardian Signature

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Date

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Student/Member Signature

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Date